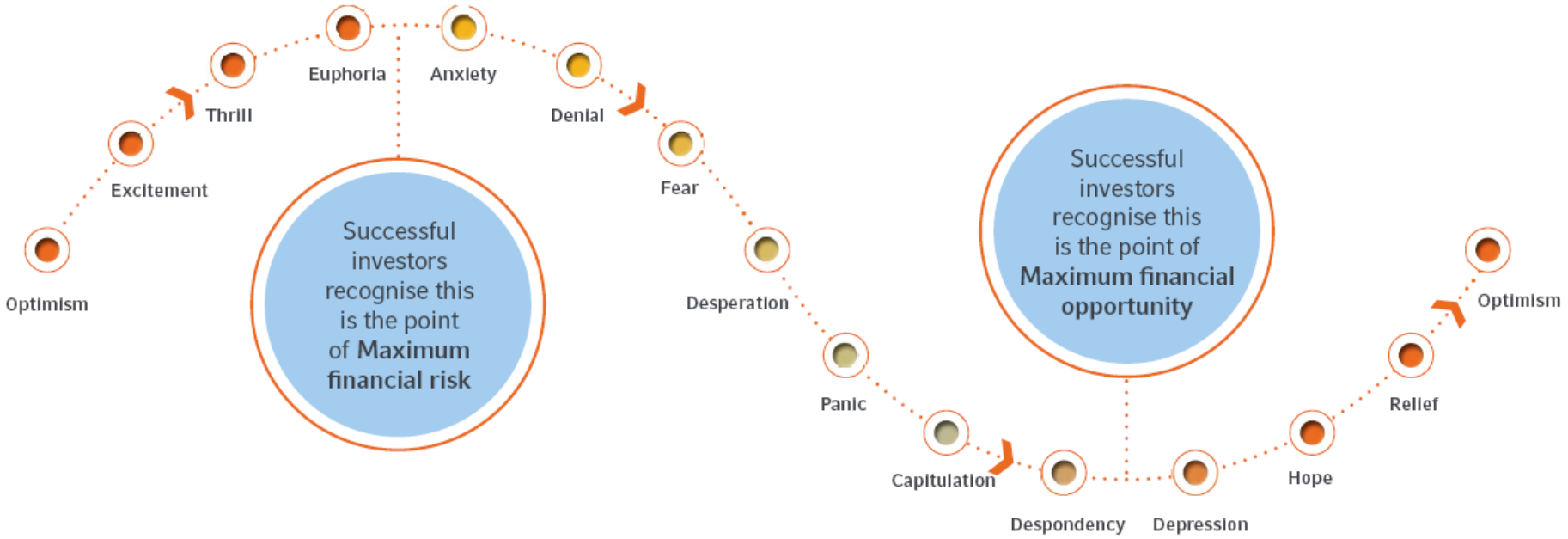
The cycle of market emotions

Source: Russell Investments